



## Dvar Torah by Rabbi Summers: I'M HERE TO CATCH YOU

It's difficult to understand that immediately after the crescendo of Kabbalas HaTorah on Har Sinai the next idea that the Torah presents is various "mundane" laws, such as laws dealing with a thief or other unseemly acts. How does discussion on these make an appropriate follow-up to Kabbalas HaTorah?

There are many answers to this question but an interesting answer is given by Rav Eliyahu Ki-Tov in his famous Sefer HaParsheios. He explains that Hashem was reassuring the Jewish people who might be concerned as to who can maintain such a lofty spiritual height as the Jews were at Sinai? As we move away, physically and spiritually, one might, or is even likely, to fall. "But I was so great; now look at me?," one is likely to say after succumbing. Anger and depression set in and one is in danger of falling into the abyss. Therefore Hashem comes right after Kabbalas HaTorah and says "if you fall and you do \_\_\_\_\_. Here is what you do to lift yourself out and continue to grow!"

A study was once done trying to find a common denominator between successful people. It was found that all had one thing in common, how they reacted to failure. All of them picked themselves up and moved forward.

The Rosh Yeshiva zt"l often told us "Hashem does not expect perfection, just progress." We are not perfect, we all fall now and then. The question is how we react to the fall. A tzaddik rises up again and fights back and comes back stronger (that is not to say that one should on purpose sin so that they can bounce back but IF one sinned what should be our reaction).

Throughout the year we have spiritual ups and sometimes spiritual downs, the Torah is teaching us that even after the "greatest up," Kabbalas HaTorah, if we have a down, which happened with the עגל, don't wallow and become paralyzed, get up and move forward and upward.

## Announcements

**Friday Night Learning:** On Hiatus. Friday Night Torah & Cholent. Open to all ages. Enhance your Torah, learning, and Shabbos! Don't miss out! If you would like to sponsor, please see Cpt. Fain.

**Motzei Shabbos Learning:** This week is unsponsored. If anyone is interested in sponsoring, please see either R Summers or R Geiger.

**Shabbos of Song/Oneg:** This week is Shabbos of Song. There will be an Oneg at the home of Rabbi & Mrs. Geiger Friday night from 8:30-10:00pm. See flyer for details.

**Hashavas Aveida:** Someone at the second shachris during the week may have taken an overcoat by accident. The label on the inside says Jos. A. Bank. The color of the overcoat is beige. If you have more information, please contact Jeremy Stuhl.

**Mazal Tov:** to Tirza Gross on her engagement to Yitzchok Clyde, mazal tov to Aaron and Jodi Gross and the entire Gross mishpacha.

▪ to Rabbi and Mrs. Moshe Adler on the birth of a baby Boy

**Tzedaka:** The shul is in constant demand for worthy individuals who are in need of assistance. As you know, regular tzedaka boxes are out daily to assist those meshulachim who come asking for assistance. Please be aware of the existing shul policy that money be deposited in the pushkas and direct the meshulachim to either R' Summer or R' Geiger who will in turn assist them. This saves everyone time and effort. In addition, there is a special discretionary fund for larger donations. That

fund is low on reserves, and contributions would be appreciated. Please make checks out to Anshe Emes or earmark via the shul's website.

## Shabbos Zmanim Erev Shabbos

|                      |           |
|----------------------|-----------|
| Candle Lighting:     | 5:13 pm   |
| Mincha/Maariv:       | 5:15 pm   |
| Fri Night Learning:  | on hiatus |
| <b>Shabbos Day</b>   |           |
| Shachris, Hashkama:  | 7:00 am   |
| Shachris:            | 8:45 am   |
| Mussar Shiur:        | 4:20 pm   |
| Mincha:              | 5:05 pm   |
| Alei Shur Shiur:     | 6:13 pm   |
| Maariv/Shabbos Ends: | 6:23 pm   |
| Pizza Beis Medrash:  | 7:30 pm   |

## Sponsorships

Want to sponsor Kiddush, Seuda Shlishis or help the shul?  
(310) 275-5640 | Anshe.org  
RavSummers@anshe.org | RabbiGeiger@anshe.org

## Shiurim

### Shabbos:

**8:00 am** In-depth sefer Yehoshua Shiur by MARK MAGID

**11:30 am** Rotating topic shiur by MARK MAGID

### Sundays:

**7:35-8:20 am** Parsha HaShavua shiur by RABBI PINCHAS RABINOVICZ

**8:35-9:35 am** Gemora Makos shiur by RABBI NACHMAN MORGAN

### Wednesdays:

**11:00 am** Haftorah shiur for women by Mrs. HOLLANDER

## Zmanim for the Week

|          | Shachris     | Mincha/<br>Maariv | מולד אדר, יום ה' : 3+9ק3: | עלות<br>השחר | משיכיר | הנץ<br>החמה | סדק"ש<br>גרי"א | סד"ת<br>גרי"א | מנחה<br>גדולה | שקיעה |
|----------|--------------|-------------------|---------------------------|--------------|--------|-------------|----------------|---------------|---------------|-------|
| Sun 2/11 | 6:45/7:30 am | 5:25 pm           |                           | 5:27         | 5:52   | 6:42        | 9:25           | 10:19         | 12:38         | 5:34  |
| Mon 2/12 | 5:45/6:30 am | 5:25 pm           |                           | 5:26         | 5:51   | 6:41        | 9:25           | 10:19         | 12:38         | 5:35  |
| Tue 2/13 | 5:45/6:45 am | 5:25 pm           |                           | 5:25         | 5:50   | 6:40        | 9:24           | 10:19         | 12:38         | 5:36  |
| Wed 2/14 | 5:45/6:45 am | 5:25 pm           |                           | 5:24         | 5:49   | 6:39        | 9:24           | 10:18         | 12:38         | 5:37  |
| Thu 2/15 | 5:35/6:30 am | 5:25 pm           | ר"ח אדר                   | 5:23         | 5:48   | 6:38        | 9:23           | 10:18         | 12:38         | 5:38  |
| Fri 2/16 | 5:35/6:30 am | 5:25 pm           | ר"ח אדר הדלקת נרות 5:20   | 5:22         | 5:47   | 6:37        | 9:22           | 10:18         | 12:38         | 5:3   |